

## When the Pot Boils— Help People Cool It



You can enhance your skills in navigating tough emotional situations. Register for this webinar to:

- Discuss the different ways in which people think and interact.
- Practice strategies to deal with difficult people and heated situations.
- Learn reliable ways to cool yourself down when the pot gets hot.

Call your Employee Assistance Program and Family Resources at 1-877-804-9753 (TTY 711) or visit MagellanAscend.com for helpful resources.

